

On the CDC Heads Up to Youth Sports page, please follow these steps.

1. Scroll down to Launch the Training and click on the link **For Coaches**
2. Create Account
3. For *Select: Community of Practice* (Group Search) choose **Health Educators**, then Confirm
4. For *Select: Agency* choose **Volunteer Agencies** then Confirm
5. On the HOME page scroll down and choose **Head Up to Youth Sports: Online Training for Coaches**
6. Click on Pre-Assessment which takes you to Profile
7. Complete your Profile
  - a. For Primary Work Settings choose **Non-Profit Organization** then Save
  - b. For Professional Role choose **Volunteer** then Save
  - c. For Organization enter **US Pony Clubs**, for Department enter **Safety Compliance**, for Title enter **Volunteer**, then Save
8. When Profile is complete you will return to the HEADS Up page and click on Pre-Assessment
  - a. Choose **Coach**
  - b. Enter Zip
  - c. For Sport choose **Equestrian**
  - d. Check off ages you work with, if any
  - e. Check off level of play of team
  - f. Answer remaining questions, then it will send you back to HEADS UP page
9. Launch training
10. Start and complete training
11. Log in to your PONY CLUB Profile on Ponyclub.org then complete the short Pony Club Head Injury quiz to receive automatic credit on your Pony Club Profile

Note the certificate is for your own records, there is no need to send it to USPC.