

#	<u>Skill</u>	D-1	D-2	D-3	C-1	C-2	H-B	C-3	B	H-A	A
1	Mounting and dismounting correctly	D-1	D-2	D-3	C-1	C-2		C-3	B		A
2	Hold reins correctly	D-1	D-2	D-3	C-1	C-2		C-3	B		A
3	Lengthening and shorting reins correctly	D-1	D-2	D-3	C-1	C-2		C-3	B		A
4	Adjusting both stirrups and girth correctly when mounted	D-1	D-2	D-3	C-1	C-2		C-3	B		A
5	Adjusting stirrups correctly at walk	D-1	D-2	D-3	C-1	C-2		C-3	B		A
6	Demo correct position at walk and trot	D-1	D-2	D-3	C-1	C-2		C-3	B		A
7	Pick up and drop stirrups correctly at walk and trot	D-1	D-2	D-3	C-1	C-2		C-3	B		A
8	Demo a balanced position (BP) used with control in arena and in the open (BP)		D-2	D-3	C-1	C-2		C-3	B		A
9	Demo changes of direction at walk and trot		D-2	D-3	C-1	C-2		C-3	B		A
10	Demo gradual transitions using reins, seat, legs correctly		D-2	D-3	C-1	C-2		C-3	B		A
11	Mount and dismount from each side correctly		D-2	D-3	C-1	C-2		C-3	B		A
12	Maintain (BP) at walk, trot, canter transitions in both directions		D-2	D-3	C-1	C-2		C-3	B		A
13	Demo and use correct aids for canter depart both directions		D-2	D-3	C-1	C-2		C-3	B		A
14	Demo correct trot/canter transitions		D-2	D-3	C-1	C-2		C-3	B		A
15	Demo correct jumping position at walk/trot/canter maintaining balance and stability of gaits	D-1	D-2	D-3	C-1	C-2		C-3	B		A
16	Demo balancing and suppling exercises for rider. Demo same for horse.		D-2	D-3	C-1	C-2		C-3	B		A
17	Demo correct effective jumping position at walk/trot/canter on both reins using aids correctly		D-2	D-3	C-1	C-2		C-3	B		A
18	Maintain correct and effective position (BP for flat work, BP for jumping) at walk/trot/canter without stirrups		D-2	D-3	C-1	C-2		C-3	B		A
19	Know when diagonals are correct for riding and rising at trot in all of the above		D-2	D-3	C-1	C-2		C-3	B		A
20	Aids for canter transitions give correctly and effectively at trot/canter and walk/canter transitions		D-2	D-3	C-1	C-2		C-3	B		A
21	Demo an understanding of the skill of changing leads at canter, how to change lead if horse takes wrong lead, how to school leads correctly			D-3	C-1	C-2		C-3	B		A
22	Demo jumping position and effectiveness by use of a correct base of support and necessary changes in adjusting knee, ankle, hip and elbow angle for maintaining functionally correct position over girds/in open.			D-3	C-1	C-2		C-3	B		A
23	Maintain correct and effective position walking, trotting and cantering over poles			D-3	C-1	C-2		C-3	B		A
24	Demo correct position and control in the open at all three gaits			D-3	C-1	C-2		C-3	B		A
25	Demo correct position and control in the open at all three gaits with varied terrain making adjustments according to terrain				C-1	C-2		C-3	B		A
26	Demo control, pace, balance, relaxation in canter over varied terrain, making position adjustments according to terrain				C-1	C-2		C-3	B		A

