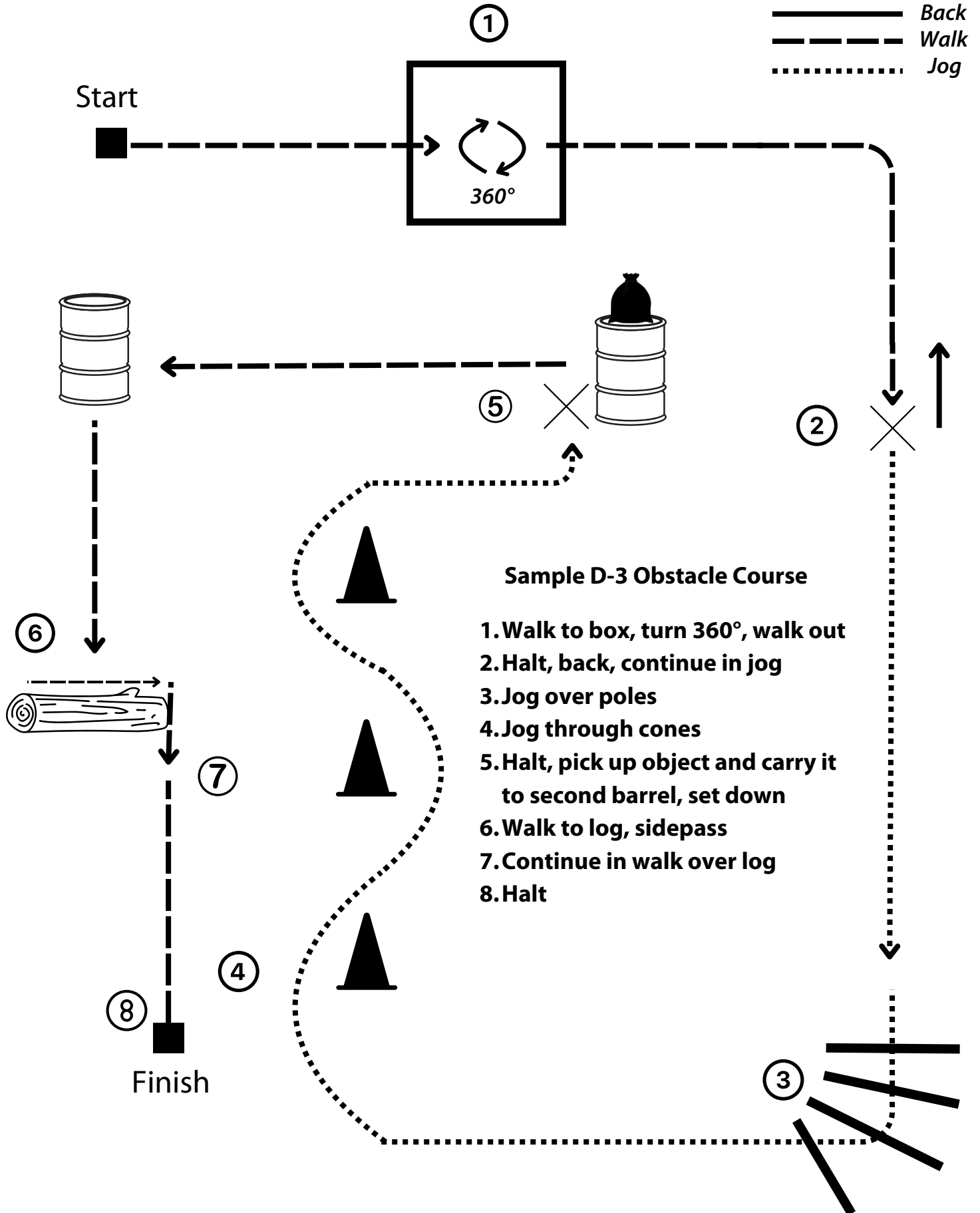


Remember, these obstacle sheets are only suggestions to give examiners and candidates ideas on how to lay out an obstacle course. They are not meant to be mandatory patterns, just suggestions.



Sample D-3 Obstacle Course

1. Walk to box, turn 360°, walk out
2. Halt, back, continue in jog
3. Jog over poles
4. Jog through cones
5. Halt, pick up object and carry it to second barrel, set down
6. Walk to log, sidepass
7. Continue in walk over log
8. Halt