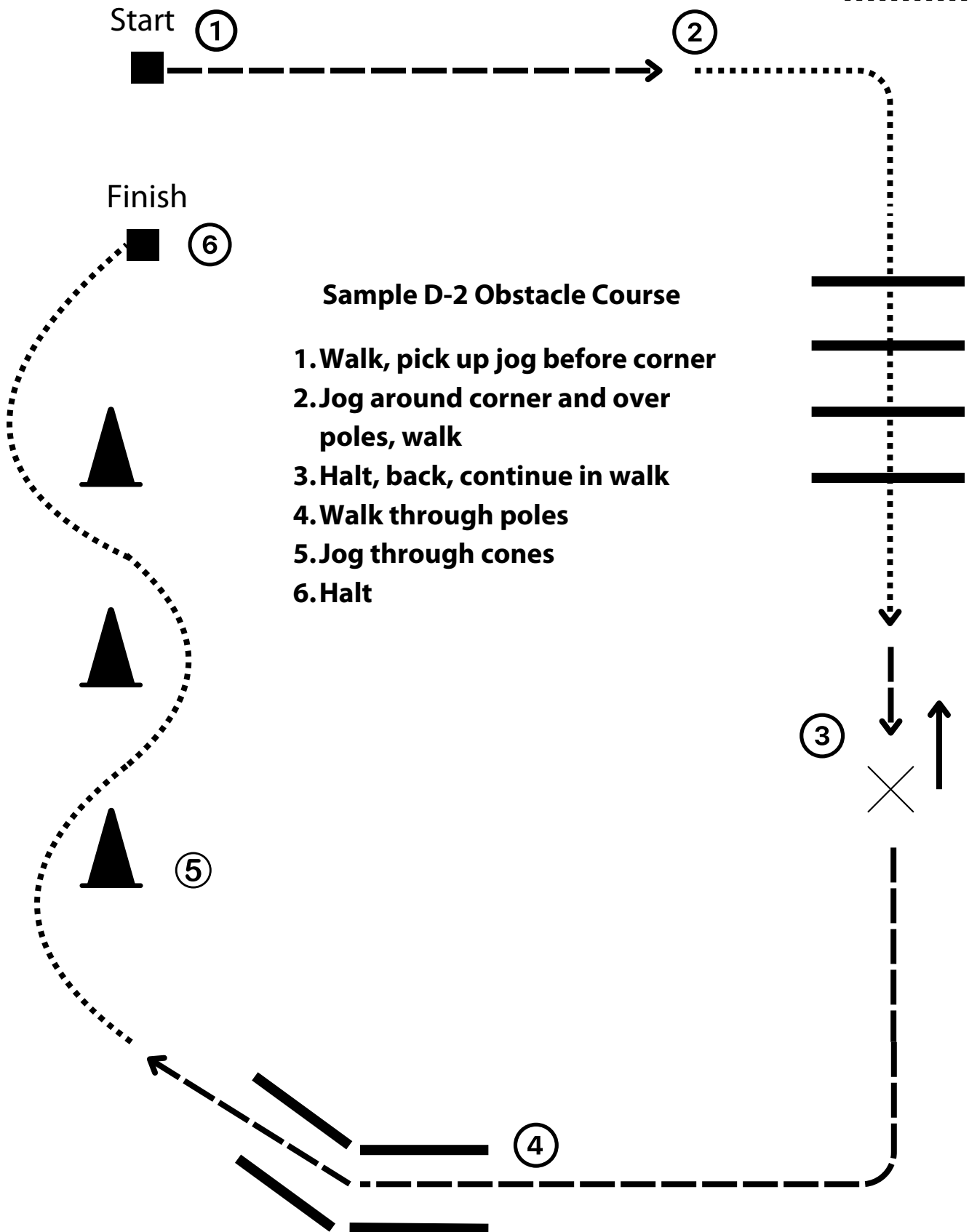


Remember, these obstacle sheets are only suggestions to give examiners and candidates ideas on how to lay out an obstacle course. They are not meant to be mandatory patterns, just suggestions.

———— Back
- - - - - Walk
..... Jog



Sample D-2 Obstacle Course

1. Walk, pick up jog before corner
2. Jog around corner and over poles, walk
3. Halt, back, continue in walk
4. Walk through poles
5. Jog through cones
6. Halt